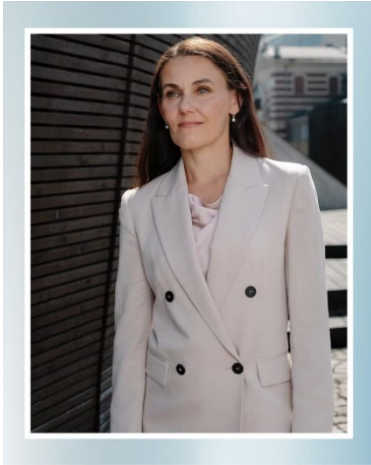


# CV

## Heidi Merikalla-Teir



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E-mail: [heidi@merikalla-teir.com](mailto:heidi@merikalla-teir.com)  
Website: [www.merikalla-teir.com](http://www.merikalla-teir.com)  
Nationality: Finnish  
Based in: Helsinki, Finland

### Work Experience

- Merikalla Conflict Resolution Ltd, Independent Arbitrator and Mediator / Board and Advisory Board Member (since 2024)
- Merilampi Attorneys Ltd., CEO and Partner (2019–2024)
- Finland Chamber of Commerce, Director (2016–2019)
- The Arbitration Institute of the Finland Chamber of Commerce (FAI), Secretary General (2015–2019)
- Borenus Attorneys Ltd, Specialist Partner (2011–2015), Senior Associate (2006–2011), Associate (2002–2006)
- District Court of Helsinki, Law Clerk (2004–2005)
- European Commission (DG Competition), Stagiaire (2003–2004)

### Education

- Professional Certificate in Executive Coaching, Henley Business School (8/2026)
- Licensed Trial Counsel (2024–)
- Admitted to the Finnish Bar, Attorney-at-law (2006–2015, 2019–2024)
- Trained at the Bench, District Court of Helsinki (Finland) (2005)
- Master of Business Administration (MBA), Helsinki School of Economics / Aalto University (Finland) and Ecole National Des Ponts et Chaussées (Paris, France) (2005)
- Master of Laws (LL.M), University of Helsinki (Finland) (2002)  
(Socrates/Erasmus Exchange Program, University of Regensburg Faculty of Law, Germany)

### Additional courses

- Certificate in Early Neutral Evaluation, Centre for Effective Dispute Resolution (CEDR) (2025)
- Certified Board Chair (2023)
- Diploma course for foreign arbitrators, the SCC Arbitration Institute and the Swedish Arbitration Association (2022)
- CEDR Accredited Mediator (2018)
- Certified Board Member (2017)
- Finnish Arbitration Academy, the Finland Chamber of Commerce and the FAI (2014)

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# CV

## Heidi Merikalla-Teir

### Positions of trust

- The Arbitration Institute of the Finland Chamber of Commerce (FAI), Chair of the Board (2022-2025)
- Member of the Delegation of the Finland Chamber of Commerce and the Helsinki Region Chamber of Commerce (since 2020)

### Membership in professional organisations

- ArbitralWomen
- Dispute Resolution Board Foundation (DBF)
- Finnish Arbitration Association (FAA)
- Swedish Arbitration Association (SAA)
- Swedish Women in Arbitration Network (SWAN)
- The Association of Industrial Lawyers
- Hallituspartnerit - Board Professionals Helsinki

### Recent recognitions

- Chambers & Partners: Dispute Resolution (2026): Most in Demand Arbitrators
- Lexology Index, Arbitration (2026): Highly Recommended
- Who's Who Legal, Arbitration Global Guide (2025, 2024 and 2023): Recommended
- Legal 500 EMEA, Dispute Resolution (2024 and 2023): Leading individual
- Legal 500 Private Practice Powerlist 2024 – Arbitration – Nordics

### Language skills

- Finnish / Native
- Swedish / Proficient (spoken at home)
- English / Proficient
- German / Good
- French / Basic